

#InternGoals

This past year, we have expanded our intern program with students from Tulane, Syracuse, Dartmouth, Columbia College, University of Michigan, Liberty College and Fordham. One of our superstar interns, Maureen, has demonstrated very impressive leadership skills. She began in February and worked with us for two semesters part-time and began a full-time role last summer. She now works as a Flawless Fellow and intern advisor, helping to train incoming students.



She is originally from Maryland and has always been passionate about mental health. A junior studying Public Policy and Crime and Justice at the University of Michigan, she helps the Flawless team with curating social media content, writing blogs, and traveling around the country covering events on digital media.

Maureen's fundraising skills are stellar, and she led a fundraiser that resulted in raising \$2,500 in just one week. On campus, she serves as Fundraising Chair for Michigan's chapter of the American Foundation for Suicide Prevention. Last year, they were the number one fundraising campus in the nation. She is also a liason on the UM Campus Grant Suicide Prevention Task Force, providing a student voice for outreach to target audiences who might benefit from this grant.

Maureen's future plans include working in criminal justice reform and education policy, eliminating the school-to-prison pipeline. We are excited to see what she will accomplish and are so grateful for her flawless contributions to our mission.

Check out Maureen's #MondayMotivation talks on our Instagram and Facebook Stories every week for her tips on all sorts of informative and inspiring topics related to optimal health.



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Flawless Giving

As we celebrate this season of giving and light, please help us expand our reach!

Shop Flawless

Visit www.flawlessfoundation.org/shop to purchase Flawless necklaces, keychains and Alix Greenberg's original prints!

Peacock Feather

ALIX GREENBERG (PORTRAITS FOR GOOD)

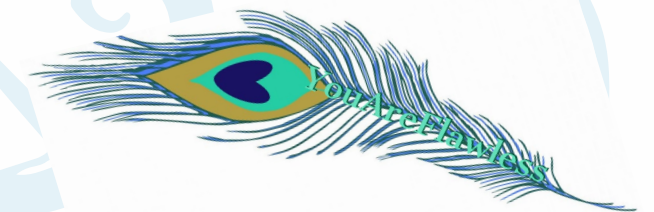
A Special 50 Limited Edition Print Run
50% of proceeds from the sale of these works will be donated to Flawless Foundation



Donate

All gifts made by 12/31 will be matched up to \$25,000 by one of our very generous board members. Thank you for your flawless support!

Visit flawlessfoundation.org/giving



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You can complete your holiday shopping at thousands of stores while giving back to Flawless through Giving Assistant!

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☐ \$25 ☐ \$50 ☐ \$100 ☐ \$500 ☐ \$1000 ☐ Other

The Flawless Foundation is a 501 (c) 3 recognized charity.
Contributions are tax deductible to the extent allowed by law.

Founder's Message

Dear Flawless Friends,

First and foremost, as we celebrate during this season of gratitude and generosity, I want to express my heartfelt appreciation for your support of our work this year. Thank you for your steadfast commitment to our mission to build awareness and promote holistic treatment of brain health, and your belief in our vision that we can, together, create a world where each and every individual is embraced as flawless. You make our work possible and I speak for the entire Flawless staff in saying that we are grateful for the opportunity to turn your generosity into action for this important cause.



Janine Francolini with the *We Dine Together* team from Boca Raton High School

In 2018, we've seen that the need for our work is greater than ever, but we've also been inspired by more creativity, passion, and engagement in our movement than ever before. We still have a long way to go, with the many critical issues that we face.

As we saw this year through the tragic deaths of several well-known public figures, suicide and drug use are growing epidemics that do not discriminate. We need to continue to push for increased education and conversation around these issues, which for so long have been hidden. It is time to bring them out into the open — lives depend on it.

One of the biggest sources of my inspiration this year has been the ever-expanding Flawless intern program. In our interns, I see a new generation of advocates whose commitment, intelligence, and energy give me a renewed sense of confidence in our ability to change the culture around brain health. As one of the Flawless interns shared, "I feel that by joining the Flawless team, I am a part of something huge that is helping to touch so many lives."

You, too, are a part of something huge. Together we are touching the lives of people around the world — through our blogs, trainings and digital presence at important brain health events with experts in the field.

Thank you again for being a part of the flawless family!

Wishing you joy, peace and all good things in 2019!

With Gratitude,

Janine Francolini
Founder



The Flawless Team having fun at PeaceLove

Top 10 of 2018



Donato Tramuto,
Rep. Joe Kennedy,
Joe Coughlin



Patrick Kennedy,
Michael Phelps,
David Axelrod

10. Looking Forward

We were honored to attend the 10th anniversary of the Mental Health Parity and Addiction Act at the Capitol hosted by Patrick Kennedy. We celebrated how far we've come and focused on what we need to do moving forward.

9. Flawless Resources

We launched the beginning of a resource project for teachers and mental health professionals who work in schools, focusing on emotional intelligence, self care and mental health. We are working with artists around the country to create a deck of resource cards for professionals that work in schools.

8. Advocacy in Florida

After the Parkland tragedy, we were invited to join a task force in South Florida with educators, politicians, community leaders and mental health professionals. This task force recently hosted a very successful community forum on prevention.



MHA Conference with John U Bacon and the family of the late John Saunders

7. Reading

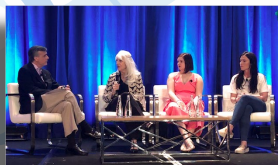
We published 32 blogs on topics related to mental health advocacy, education and criminal justice reform and were invited to blog on the Sivana East platform.



At the Kennedy Forum with First Lady of NYC, Chirlane McCray & Cheryl Roberts

6. #Gratitude

Our generous Board of Directors covered all administrative costs, with 100 percent board giving.



MHA conference with Paul Gionfriddo, Cynthia Geraotta & the Born This Way Foundation team

5. Flawless Strategies

Our consulting work continues to grow as we covered 25 events and conferences relating to mental health, emotional intelligence, and social justice issues using the power of social media to elevate the dialogue.

4. Impact in NY

In NYC, we trained 100 parents, teachers and mental health professionals in Collaborative Problem Solving with Dr. Stuart Ablon. Our video of this introductory training has been viewed close to 24,000 times!



Sheneille Jones & Laura Bush at the Be Brain Powerful event

3. Brain Health at EVERY Age

We were invited to partner with Women Against Alzheimers, working with Laura Bush on their **Be Brain Powerful** campaign to bring education and awareness to this brain condition that affects almost everyone in some way.



PeaceLove Storyteller event with Mike & Eva Thompson, Craig Kramer, Tim Daly & the PeaceLove team

2. Watching

We produced 56 educational and awareness videos and continued our "Flawless Friday" series. We learned what Flawless means to many people including Tim Daly, Patrick Kennedy, and Kevin Hines, among others.

1. Celebrating Partnerships

We've partnered with Janssen on "The Art of Curing Stigma" along with our colleagues from PeaceLove, One Mind and Mental Health America. This awareness project aims to change the conversation around mental illnesses through education and artistic expression.

Board Spotlight

Catching up with our board members

Mike Thompson, CEO of the National Alliance of Healthcare Purchaser Coalitions released an important report, *Achieving Value in Mental Health Support: A Deep Dive Powered by eValue8*, and accompanying Mental Health Action Brief which shines a light on the underlying gaps in mental health care.



Mike Thompson, Janine Francolini, Nathaniel Counts at the Capitol for the 10th Anniversary of The Mental Health Parity & Addiction Act!



Ross Szabo, April Jones with VP Joe Biden at the House of Commons in London.

Ross Szabo spoke at Change Directions, Global Mental Health Summit in London with thought leaders and politicians from around the world.

Nathaniel Counts, Mental Health America's Senior Policy Director, helped with key provisions of the opioid bill (The SUPPORT for Patients and Communities Act) to help people struggling with addiction get more support and services. Additionally, he co-launched the "Collaborative for Accountable Communities for Health for Children and Families" at the National Academy of Medicine to bring coordinated supports for parents to more communities.

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